



Dear guests!

**Welcome to the Hotel Kvarner Palace on the Crikvenica Riviera!**

Our traditional palace hotel is celebrating its **130th anniversary this year - from 1895 to 2025.**

You can find more about the eventful history, the hotel's founding by Archduke Josef Karl Ludwig, and its development over the centuries in the current **2025 guest journal.**

The season lasts until 2<sup>nd</sup> November 2025 and it concludes with the **European Literature Festival** – a highlight of the rich activity and cultural program we have put together for you throughout the season.

**Imperial relaxation, royal amusement, princely enjoyment!**

– Experience the timeless charm of the Belle Époque, paired with modern comfort and a wide range of offers in the spirit of the times. Let yourself be enchanted by the magnificent architecture, the wonderful sea view and our hospitality.

Yours sincerely,

Direktorin Kristina Bukovac with her assistants and the entire Kvarner Palace team

## DELIGHTFUL - Eating well is half the vacation

Head chef Danijel Ljubijankić and Sous-chef Luka Hapco as well as restaurant manager Stani Tepić would like to spoil you with culinary delights

### Breakfast buffet from 7AM-11AM

Free choice of table in the **“Salon Imperial”** restaurant, in the **“Red Salon”**, in the new light-flooded **“Arcade Salon”** and on the **“Imperial Terrace”** under the open sky with a view of the sea and the island of Krk.

Take advantage of our **morning and afternoon activity program** - yoga, stretching exercises, life in balance, city tours and much more. Our exercise sessions are designed for everyone. Everyone trains according to their condition and ability! For your health!

### OPENING HOURS:

**„Palace-Bar with the Blue Salon“ (reception level):**

**DAILY from 5PM - 00:00AM**

**ONLY IN GOOD WHEATER**



**„Trattoria & Grill by the pool“ at the garden pool: 11AM – 6PM**

(Kitchen from 1PM to 5PM). **In case of bad weather, the “Salon Imperial” restaurant and the “Arkade Salon” are open for à la carte lunches.**

### Gourmet buffet as part of the half board from 6:30PM - 9:30PM

Free choice of table in the **“Salon Imperial”** restaurant, in the **“Red Salon”**, in the new light-flooded **„Arkade salon“** and on the **“Imperial Terrace”**.

**Palace beach bar, konoba & pizzeria**– directly by the sea below the hotel, it is open for you **DAILY from 10AM-7PM!** Please note that payment can only be made in cash or by card there. Charging to the room is not possible.

## OPENING HOURS at the hotel

### RECEPTION

Reception	6AM – 10PM
Night porter	10PM – 6AM
Boutique „Kvarner treasures“	8AM – 8PM

You can reach the reception under the internal phone number 9

### Kvarner Palace spa with freshwater indoor pool in the historic main building:

Wellness-Reception:	9AM – 6PM
Sundays	closed
Therapies and treatments:	9AM – 6PM
Pools:	7AM – 9PM
Sauna	3PM – 7PM
Fitnessroom	7AM – 9PM



### Important INFO:

#### You will find clean pool and beach towels at the wellness

**reception. Please exchange them there.** You can also obtain yellow beach towels from the reception at any time. These are not exchanged in the room. Please leave the used towels in your room or in the laundry baskets provided at the pools.

On the following pages you will find the current program for the upcoming week. For excursion tips, boat tours, and hiking suggestions, please also refer to the daily morning bulletin.

Like no other hotel, the Kvarner Palace on the Crikvenica Riviera combines historical flair with vacation offers in the spirit of the times. Exciting plans for the future included.

## HOTEL PROGRAMM from 27.07. to 02.08.2025

### Sonntag, 27.07.2025

#### 18h00 Welcome Cocktail with Director Kristina Bukovac or her Deputy, Vivien Kovacec

Join us for a relaxed welcome gathering at the **Konoba by the Pool**. Enjoy a complimentary glass of sparkling wine before dinner on our terraces. Casual attire is welcome – feel free to come directly from the pool, even in your swimwear. You'll also have the opportunity to meet our yoga instructor, **Barbara Neve**, and learn more about her upcoming classes.

**Dinner Buffet** begins at **6:30 p.m.** in the restaurant, on our terraces, and under the arcades.

### Monday, 28.07.2025

#### 07h30 - 08h30 Key Yoga – Therapeutic Yoga with Barbara Neve



This session is suitable for both beginners and experienced practitioners. Please wear light, comfortable clothing. Classes take place in the event room opposite the reception and are free of charge.

To get the most out of the practice, please avoid heavy meals at least 90 minutes beforehand. This revitalizing session combines key yoga exercises with the **Buteyko breathing technique**, a method that improves breathing patterns by slowing and reducing airflow, increasing CO<sub>2</sub> tolerance. This powerful combination of yoga and conscious breathing offers deep physical and mental benefits.

**Why:** It strengthens your body and boosts your confidence. You'll experience relief from tension and back pain, improved hip and shoulder mobility, and greater flexibility. You'll feel more energetic and joyful as your energy flows freely again.

#### 08h40 - Hormone Yoga with Barbara Neve

You are welcome to attend this session on its own or in combination with the earlier Key Yoga class. Participation is free of charge. Hormone Yoga is based on Kundalini techniques and uses **Bhastrika** breathing combined with focused energy flow to stimulate the endocrine glands.

**Why?** It helps balance hormone levels by boosting the production of specific hormones. This can lead to a greater sense of vitality and emotional balance. It positively influences the pituitary gland, encouraging the release of important hormones such as: **Cortisol**, the stress hormone, **Endorphins**, the body's natural painkillers, **Serotonin**, the happiness hormone, **Melatonin**, the sleep hormone

*Note:* If you prefer private sessions, Barbara also offers **individual classes** (60 minutes – EUR 70). Please book directly with her.

#### 09h30 - 11h30AM Guided walking tour of Crikvenica

**Meeting point:** Reception.

Discover fascinating insights about Crikvenica – from its rich history, the Pauline monks and the noble Frankopan family, to the legacy of the Austro-Hungarian monarchy.

**PLEASE REGISTER AT THE RECEPTION BY SUNDAY, 7:00 P.M. THANK YOU!**

#### 6h30 – 9h30PM "A Culinary Journey through Croatia" – Buffet Dinner

From the Adriatic to the Danube, Croatia reveals a remarkable variety of regional dishes across its 56,000 km<sup>2</sup>. Let your tastebuds travel the country!

#### From 8h15PM Live Music with Croatian Guitarist Domagoj Vičević

Enjoy his performance on the **garden stage** of the restaurant terrace.

### Tuesday, 29.07.2025

**07h30 - 08h30 Schlüsselyoga – Yoga als Therapie mit Barbara Neve.** Die Stunde richtet sich sowohl an Einsteiger wie auch an Fortgeschrittene. Bequeme, leichte Kleidung.

**08h40 - 09h30 Hormonyoga mit Barbara Neve** – es können die Kurse einzeln oder auch in Kombination besucht werden. *Lesen Sie mehr dazu am Montag in diesem Wochenprogramm.*

**18h30-21h30 Kroatisch-österreichischer Abend** - Ein Abend zwischen Adria und Alpen: Am Buffet entdecken Sie traditionsreiche Gerichte aus Kroatien und Österreich – mal deftig, mal mediterran. Kulinarische Gemeinsamkeiten und spannende Unterschiede zweier Genusskulturen!

**Ab 20h15** unterhält Sie **Musiker & Entertainer Nevio** mit Tanzmusik auf der Bühne der Restaurantterrasse. Lassen Sie den Abend bei schwungvoller Tanzmusik ausklingen, genießen Sie einen Cocktail auf den Gartenterrassen und lauschen Sie von dort der Musik. Dazu der herrliche Ausblick und der Sonnenuntergang.

## Wednesday, 30.07.2025

07h30 - 08h30AM	<b>Key yoga – Therapeutic Yoga with Barbara Neve</b> This session is open to both beginners and advanced participants. Please wear comfortable, lightweight clothing.
08h40 - 09h30AM	<b>Hormone yoga with Barbara Neve</b> Both yoga classes can be attended separately or in combination. More details are available in Monday's section of the weekly program.
6h30 – 9h30PM	<b>A culinary evening featuring the signature dishes of our head chef Danijel Ljubijankić</b> An evening full of flavors, showcasing our chef's specialties and personal favorites.
From 8h15PM	<b>Live Music &amp; Dance with Nevio</b> Let the evening flow with lively dance music performed by entertainer Nevio on the restaurant terrace stage. Enjoy a cocktail on the bar terraces, soak in the rhythm, and take in the breathtaking sunset views.

## Thursday, 31.07.2025

07h30 - 08h30AM	<b>Key yoga – Therapeutic Yoga with Barbara Neve</b> This session is open to both beginners and advanced participants. Please wear comfortable, lightweight clothing.
08h40 - 09h30AM	<b>Hormone yoga with Barbara Neve</b> Both yoga classes can be attended separately or in combination. More details are available in Monday's section of the weekly program.
6h00PM	<b>Welcome Cocktail with Director Kristina Bukovac or her Deputy, Vivien Kovacec</b> Join us for a relaxed welcome gathering at the <b>Konoba by the Pool</b> . Enjoy a complimentary glass of sparkling wine before dinner on our terraces. Casual attire is welcome – feel free to come directly from the pool, even in your swimwear.
6h30 - 9h30PM	<b>Kvarner Evening – Regional Buffet</b> Enjoy traditional cuisine from the Kvarner region. <b>Live entertainment by the music group "Frankopani"</b> in the restaurant adds a festive local touch.

## Friday, 01.08.2025

07h30 - 08h30AM	<b>Key yoga – Therapeutic Yoga with Barbara Neve</b> This session is open to both beginners and advanced participants. Please wear comfortable, lightweight clothing.
08h40 - 09h30AM	<b>Hormone yoga with Barbara Neve</b> Both yoga classes can be attended separately or in combination. More details are available in Monday's section of the weekly program.
09h30 - 11h30AM	<b>Stadtspaziergang durch Crikvenica.</b> Treffpunkt an der Rezeption. Erfahren Sie Interessantes und Wissenswertes von Ihrem <b>Urlaubsort Crikvenica</b> , über die lange Geschichte der Stadt, die Pauliner Mönche, die Frankopanen und die k.u.k. Monarchie. <b>PLEASE REGISTER AT THE RECEPTION BY THURSDAY, 7:00 P.M. THANK YOU!</b>
6h30 – 9h30PM	<b>"Best of the Adriatic" – Seafood Buffet</b> A Mediterranean evening by the sea: fresh fish, mussels, and seafood prepared in aromatic, light Croatian coastal style. A night of sea breeze, summer flavors, and seaside flair.
From 9h00PM	<b>Live Music with Srećko Valušek</b> On the garden stage of the restaurant terrace – and yes, dancing is encouraged!

## Saturday, 02.08.2025

07h30 - 08h30AM	<b>Key yoga – Therapeutic Yoga with Barbara Neve</b> -This session is open to both beginners and advanced participants. Please wear comfortable, lightweight clothing.
08h40 - 09h30AM	<b>Hormone yoga with Barbara Neve</b> - Both yoga classes can be attended separately or in combination. More details are available in Monday's section of the weekly program.

## NOTES ON THE USE OF THE BEACH LOUNGERS

1. Beach beds are only available to guests with a valid ticket (= your room card).
2. Reservation of sun beds with towels is not permitted.
3. The beach attendants regularly check tickets and clear unused sunbeds.



## EXCURSION TIP .... Ahoy! With Captain Tedi ...

**Discover the coast like a local!** For over 10 years, Tedi was the rock of in the surf- always ready to help, always with a smile on his face.

He has also steered the hotel boat safely over the waves.

Now he's taking the next big step: **Tedi becomes captain on his own speedboat, which he named after his daughter "Ela"!** A sleek 9-meter-long boat with 250 hp, a sunroof and comfortable benches for up to 12 guests - completely personal, completely relaxed.



**The tours:** Off you go along the beautiful coast to the impressive **Krk-bridge**, past the small island of St. Mark, then back along the wild cliffs of Krk - a real panoramic experience! Or you can go to Vrbnik on the island of Krk. Or you can simply hire the boat exclusively for a private tour (price on request). Brochures and more information at the reception. **Prices per person between Euro 40,- and Euro 45,- for the panoramic tours.** Departure Crni Mol - directly below the hotel!



**Ask at the reception for the dates. New on the program: the sunset tour.**

**Register quickly (at the reception) – places are limited.**

**You can also privately rent the boat and skipper Tedi: €400 for 4 hours and €550 for 7 hours.**

**He will take you to the most beautiful bays and wonderful spots along the Kvarner coast.**

**Information at the reception or directly from Tedi: +385 98 9177663.**

## IMPORTANT INFORMATION FOR YOU STAY

- Free Wi-Fi: Password: **kvarner1895**
- Minibar: Drinks can be ordered on speed dial 9.
- Safe: There is a safe in your room wardrobe. You will find the operating instructions on the safe. Please always lock up valuables. (The hotel accepts no liability for valuables deposited in the room).
- Key card: Opens your room, the parking lot barrier and the garden gate to the beach. Please return the card to reception on departure.
- Tennis: Two well-maintained sand courts are available for your use. Private lessons with our coach Dražen can be booked on request. Rackets and balls are gladly available for you to borrow. For reservations, please contact the reception.
- Garden park and pools: Free sun beds and sun umbrellas in our 30,000 m<sup>2</sup> park, at the pools and on the beach.
- **Scan the following code for ALL DETAILS.**

Your best vacation moments serve as inspiration for future Kvarner Palace guests. You make us very happy when you share your positive vacation experiences on our online platforms.

**NEW** – The **BICYCLE STORAGE** is located on garage level -1 at the end of the garage. Power connection available and can only be opened with the room card.

