



Dear Guests!

For over 130 years, Kvarner Palace has stood for genuine hospitality and special holiday moments. Generations of guests have created memories here – perhaps you will be next.

At every time of year, a diverse programme of fitness, sports, relaxation and culture awaits you. While the summer months are devoted to families and shared holidays, spring and autumn invite you to actively explore one of Europe's sunniest regions.

Every season has its own special charm – and we warmly invite you to experience it with us.

Welcome to Kvarner Palace!

Yours sincerely, Director Kristina Bukovac and the entire Kvarner Palace team

A WORLD OF ENJOYMENT - *Good food is half the holiday*

Head Chef Danijel Ljubijankić and Sous Chef Luka Hapco, together with Restaurant Manager Raul Superina and their teams in the kitchen and restaurant, look forward to truly spoiling you with culinary delights.

Buffet breakfast from 07:00 to 11:00

Free choice of table in the “Kaisersaal” restaurant, in the “Red Salon”, in the new light-filled “Arcade Salon”, and on the outdoor “Imperial Terraces” overlooking the sea and the island of Krk.

Take advantage of our **morning activity programme** too – yoga, Smovey, stretching exercises, aqua aerobics, city tours and much more. Our activities are suitable for everyone. Everyone exercises according to their own fitness level and abilities! For your health! Join us!

“Palace Bar with the Blue Salon” (reception level):

DAILY from 16:00 to 24:00

ONLY IN GOOD WEATHER

“Trattoria & Grill by the Pool” at the garden pool: 10:00 – 18:00

(Kitchen from 13:00 to 17:00). In bad weather, the “Salon Imperial” restaurant and the “Arcade Salon” are open at lunchtime à la carte.

Gourmet buffet as part of half board from 18:30 to 21:30

Free choice of table in the “Salon Imperial” restaurant, in the “Red Salon”, in the light-filled “Arcade Salon”, and on the “Imperial Terraces”.

The Palace Beach Bar, konoba and pizzeria – directly by the sea below the hotel – are open for you from 10h00 to 19h00! *Please check the daily Morgenpost for days off due to bad weather.*

Please note that payment there is only possible in cash or by card. Charging to your room is not possible.



OPENING HOURS in the hotel

Reception	06:00 – 22:00
Night porter	22:00 – 06:00
Boutique „Kvarner treasures“	08:00 – 20:00

You can reach reception on internal telephone number 9.

Kvarner Palace Spa in the new wellness wing with a 25 m heated indoor and outdoor seawater pool

Wellness reception – wellness wing	10:00 – 18:00
Therapies and treatments:	10:00 – 18:00
Pools	07:00 – 21:00
Sauna	15:00 – 18:00
Fitness room	07:00 – 21:00

Important INFO:

Clean pool and beach towels are available at **reception** and at the **wellness reception in the wellness wing**. Please exchange them there.

The current **daily overview = MORGENPOST**, featuring all important information and activities for the respective day, is available for you every morning at breakfast. Please feel free to take a copy from the small table in the buffet area, or simply ask one of our service staff for assistance.

HOTEL PROGRAMME from 30.08. to 05.09.2026

Sunday, 30.08.2026

15h30/16h30/17h30 Sauna infusions in the Finnish sauna with sauna master Dejan. You will find the detailed programme in the sauna area.

18h00



Welcome-Cocktail with **Director Kristina Bukovac** in the **KONOBA BY THE POOL**. A glass of sparkling wine as a welcome before dinner on our terraces. Completely relaxed. Guests who wish to stay by the pool longer are also warmly invited (in swimwear). **Also get to know our yoga teacher for the coming days, Ben Rakidžija, and his program, as well as our INDIAN BALANCE trainer, Michaela Mitteregger.**

EVENING BUFFET starts at 18h30 in the restaurant, on our terraces and in the arcades.

Monday, 31.08.2026

07h30 – 08h30

Yoga with Ben Rakidžija - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease. **WHERE:** in the event room (opposite the reception). Participation is free of charge.



The sessions are suitable for both beginners and regular yoga practitioners.

Socrates said: "There is a sun within every person; you only have to make it shine." How can we make this sun shine? A Korean Zen master might say, "I don't know." Not-knowing was his method. During our yoga week, we also want to embrace not-knowing. Instead of filling our minds with new thoughts, we aim to empty them. One way of cultivating this state of not-knowing is through yoga; another is through Zen meditation. In our yoga sessions, we practice a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease. In Zen, we enter the conscious stillness of Zen meditation and focus on a simple, time-honored method for bringing clarity to the mind.

08h45 – 09h30

INDIAN BALANCE with Michaela Mitteregger.



Indian Balance is a mental fitness program that combines stretching, strengthening and mobilization. It shapes and stretches the entire body. No previous experience is required. Older people and those with minor health limitations can also generally take part in the exercises.

WHERE: in the event room (opposite the reception). Participation is free of charge.

09h30 - 11h30

City walk through Crikvenica. Meeting point at reception. Learn interesting facts and useful information about your **holiday destination Crikvenica**, about the town's long history, the Pauline monks, the Frankopans and the Austro-Hungarian Monarchy.

Please REGISTER at reception by SUNDAY at 18h00. Thank you.

15h30/16h30/17h30

Sauna infusions in the Finnish sauna with sauna master Dejan. You will find the detailed programme in the sauna area.

18h30 – 21h30

"Culinary Journey through Croatia" – From the Adriatic to the Danube, Croatia on 65,000 km² offers impressive culinary diversity. There is something for every taste on the buffet.

From 20h30

The Trio Candy will be performing on the PALACE BAR TERRACE – round off your evening with lively dance music, enjoy a cocktail on the bar terraces, and listen to the music while taking in the wonderful view and the sunset.

Tuesday, 01.09.2026

07h30 – 08h30

Yoga with Ben Rakidžija - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease.

WHERE: in the event room (opposite the reception). Participation is free of charge.

CONTINUATION of TUESDAY

08h45 – 09h30

INDIAN BALANCE with Michaela Mitteregger

WHERE: in the event room (opposite the reception). Participation is free of charge.

18h30 – 21h30

Croatian-Austrian Evening – An evening between the Adriatic and the Alps: discover traditional dishes from Croatia and Austria on the buffet – from hearty to Mediterranean. Culinary similarities and exciting differences between two cultures of enjoyment!

Wednesday, 02.09.2026

07h30 – 08h30

Yoga with Ben Rakidžija - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease.

WHERE: in the event room (opposite the reception). Participation is free of charge.

08h45 – 09h30

INDIAN BALANCE with Michaela Mitteregger.

WHERE: in the event room (opposite the reception). Participation is free of charge.

09h30 – 10h15



Garden tour with landscape architect Katica Dražić

Our landscape architect, Katica Dražić, warmly invites you on a special discovery tour through the hotel's Mediterranean park. With great passion, sensitivity and extensive botanical knowledge, she has been shaping the development of our gardens since last year – always in harmony with nature. Look forward to fascinating insights into the park's diverse plant life. Together with Katica, discover the different tree species, fragrant herbs and beautiful flowering plants that make our garden a place of peace and inspiration. Katica looks forward to personally showing you "her" garden and sharing her knowledge with you.

Meeting point: Reception – Participation is free of charge. Please register at reception by 09h00.

18h30 – 21h30

KVARNER EVENING with traditional dishes from the Kvarner region on the buffet. The evening will be accompanied by the **traditional singers Frankopani.**

Thursday, 03.09.2026

07h30 – 08h30

Yoga with Ben Rakidžija - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease.

WHERE: in the event room (opposite the reception). Participation is free of charge.

08h45 – 09h30



INDIAN BALANCE with Michaela Mitteregger.

Indian Balance is a mental fitness program that combines stretching, strengthening and mobilization. It shapes and stretches the entire body. No previous experience is required. Older people and those with minor health limitations can also generally take part in the exercises.

WHERE: in the event room (opposite the reception). Participation is free of charge.

18h00



Welcome-Cocktail with Director Kristina Bukovac in the **KONOBA BY THE POOL.** A glass of sparkling wine as a welcome before dinner on our terraces. Completely relaxed. Guests who wish to stay by the pool longer are also warmly invited (in swimwear).

18h30 – 21h30

"Culinary Evening" with specialities and favourite dishes by our head chef Danijel Ljubijankić – enjoy an excellent buffet.

From 20h30

Srećko Valušek will entertain you on **the terraces of the Palace Bar.** Feel free to dance and round off the evening in a relaxed atmosphere with a glass of red wine or a cocktail.

Friday, 04.09.2026

- 07h30 – 08h30** **Yoga with Ben Rakidžija** - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease.
WHERE: in the event room (opposite the reception). Participation is free of charge.
- 08h45 – 09h30** **INDIAN BALANCE with Michaela Mitteregger.**
WHERE: in the event room (opposite the reception). Participation is free of charge.
- 09h30 - 11h30** **City walk through Crikvenica. Meeting point at reception.** Learn interesting facts and useful information about your **holiday destination Crikvenica**, about the town's long history, the Pauline monks, the Frankopans and the Austro-Hungarian Monarchy.
Please REGISTER at reception by SUNDAY at 18h00. Thank you.
- 18h30 – 21h30** **Fish buffet “The Best of the Adriatic”** – Croatian coastal delights. Today it's Mediterranean: fresh fish, shellfish and seafood just like on the Croatian Adriatic coast. Light, aromatically prepared cuisine – an evening full of holiday flair and the sea.

The HIGHLIGHT of the week

From 20h30 **Chris Oliver ‘The Voice of Swing’ will perform his Dean Martin Show live at Kvarner Palace:**

He is renowned for turning every event into an unforgettable musical experience. His authentic style and natural charm make him an exceptional artist who does not simply perform music, but creates truly memorable moments. Chris Oliver stands for music that is not only heard, but felt, making him one of the most impressive swing interpreters of our time.

www.chrisoliver.eu. **WHERE: On the garden stage of the restaurant terrace.**



Saturday, 05.09.2026

- 07h30 – 08h30** **Yoga with Ben Rakidžija** - a free-flowing style combining Hatha Yoga, Vinyasa Yoga, Yin Yoga and Qi Gong, bringing the body into strength and stretch, calmness and ease.
WHERE: in the event room (opposite the reception). Participation is free of charge.
- 18h30 – 21h30** **Balkan grill buffet** – Today the aroma of ćevapčići, skewers and spicy grilled vegetables is in the air – a feast for true grill lovers and fans of Mediterranean flavours.

EXCURSION TIP – swimming in a bay ...

Boat trip on the hotel boat Giuseppe with Captain Kristijan

Up for a little adventure on the sea? Join Giuseppe and Captain Kristijan on a memorable boat trip along the beautiful coast. Enjoy the crystal-clear sea, jump straight from the boat and swim in an idyllic bay. Discover the coastline from a special perspective and experience Kvarner Bay at its best.

Who would like to join? Please register at reception.

Maximum 6 people on the boat. Only in nice and calm weather. More information at reception and in the daily Morgenpost. Price per person: 40 euros. Duration approx. 3 hours. Swimming trip! Don't forget sun cream and a hat, towels and something to drink!

